

Pupil Participation in Physical Activity in the Locality

Following a survey of all pupils by our Active School Flag Committee, we learned that our students take part in a wide range of physical activities in the locality as listed below.

Sport/Activity	Provider/Club/Coach	Venue
Gaelic Football	Castlerahan G.A.A. Club	Castlerahan G.A.A. Pitch
Karate	Cavan Kenpo Karate Academy Mr. Waters	Unit 4 Virginia Shopping Centre, Virginia
Horse-Riding	Eleanor -----	1.Ross House Equestrian Centre, Mountnugent 2.Rainbow Farm, Virginia
Camogie/Hurling	Castlerahan G.A.A. Club Denn G.A.A. Club	1.Castlerahan G.A.A. Pitch 2.Crosskeys G.A.A. Pitch
Basketball	Virginia Eagles	Virginia College, Virginia
Mixed Martial Arts	MMA Club	Cavan Town
Irish Dancing	Scoil Rince Réanna	Ramor GFC, Virginia
Swimming	Various coaches	1.Cavan Leisure Centre 2.Bailieboro Leisure Centre 3.Kells Swimming Pool 4.Lough Sheelin (summer)
Athletics	Karl	Ballymachugh
Yoga	Deirdre Campbell	Castlerahan Hall
Tap Dancing	Performance Academy	Cavan Town
Skate Boarding	Skate Park	Con Smith Park, Cavan
Gymnastics	Cavan Gymnastics Club Olympian Gymnastics	1.Gymnastics Hall, Cavan 2. Cavan Leisure Centre
Badminton	Virginia Badminton Club	Virginia, Co. Cavan
Rugby	Virginia Rugby Club	Virginia, Co. Cavan
Ballet	Butterfly Ballet School	Cavan Leisure Centre
Soccer	Ballyjamesuff Celtic AFC	Cavan Box Park, BJD
Hip Hop Dancing	Maria Brady	Dance Studio, Cavan Town
Athletics	BJD Athletics Club	Fay Park, Ballyjamesduff
Beavers, Cubs and Scouts	Scouting Ireland	St. Theresa's Hall, BJD
Hockey	Longford Hawks	Longford
Martial Arts	Black Dragons: L. McQuaid	Moynehall, Cavan Town
Boxing	Virginia Boxing Club	Virginia
Dance/Drama	Billie Barry Stage School	Dublin
Drama	Expand School of Music	Ballyjamesduff
Golf	Crover House Golf Club	Crover Hse, Lough Sheelin